**NOTE:** This word document contains three parent/guardian letters customized for different age groups. Please choose the version that is most appropriate, edit as needed and then print the letter for the children in your care to take home to their families.

Dear Families of Infants 0-6 Months:

Before young children begin to count the Cheerios on their trays or put blocks in the shape sorter, they are learning important early math concepts from their everyday interactions with caregivers. When caregivers incorporate language about math concepts into these interactions from the start, the roots of math concepts begin to grow and provide a solid foundation for learning math skills in the preschool years.

Today, we talked about **FUL**L and **EMPTY** during mealtime. You can reinforce this lesson at home. Show your baby a **FULL** bottle and say: “(Child’s name), your bottle is **FULL**.” When your baby looks at the bottle or reaches for the bottle, say: “Oh, you want your **FULL** bottle.” Give your baby the bottle. When your baby finishes the bottle, show your baby the **EMPTY** bottle and say: “Bottle is **EMPTY**. We are all done.”

Dear Families of Infants 6-12 Months:

Before young children begin to count the Cheerios on their trays or put blocks in the shape sorter, they are learning important early math concepts from their everyday interactions with caregivers. When caregivers incorporate language about math concepts into these interactions from the start, the roots of math concepts begin to grow and provide a solid foundation for learning math skills in the preschool years.

Today, we talked about **FULL** and **EMPTY** during mealtime. You can reinforce this lesson at home. Fill a small sippy cup with breast milk or formula. Show your baby the **FULL** cup and say: “(Child’s name) cup is **FULL**.” Wait for your baby to reach for the cup or vocalize. When your baby is finished drinking, turn the cup upside down and say: “The cup is **EMPTY**. We are all done with the milk.”

Dear Families of Infants 12-18 Months:

Before young children begin to count the Cheerios on their trays or put blocks in the shape sorter, they are learning important early math concepts from their everyday interactions with caregivers. When caregivers incorporate language about math concepts into these interactions from the start, the roots of math concepts begin to grow and provide a solid foundation for learning math skills in the preschool years.

Today we talked about **FULL** and **EMPTY** during mealtime. You can reinforce this lesson at home. Fill a small open cup with water. Show your baby the **FULL** cup and say: “(Child’s name) cup is **FULL**.” Wait for your baby to reach for the cup or vocalize. Give the cup to your baby. When your baby is finished drinking or spills the water, turn the cup upside down and say: “(Child’s name) cup is **EMPTY**. We are all done with the water.”