Dear Families:

Puzzles are an important learning tool for toddlers and young children. Today, we did a simple sequential number puzzle. The children placed 10 strips in numerical order. Once the 10 strips were in place, the strips formed a picture.

Puzzles increase children’s visual-spatial awareness and foster a deeper understanding of themes and topics. All children learn differently, and puzzles may be just what some children need to master math concepts such as number sense and problem solving.

Any puzzle, whether it has a mathematical topic or not, involves problem-solving and reasoning skills. Puzzling is not just a rainy-day activity, but a brain-building exercise that can help your child develop the skills that he or she needs to tackle problems and come up with solutions later in life.

Why not break out one of your favorite puzzles for a puzzle session soon?

Happy puzzling!