Dear Families:

Knowing how to tell time is an important life skill that helps children in a variety of ways. Being able to tell time by looking at a traditional analog clock is essential to understanding other concepts such as time zones and international times. Learning how to tell time also helps build children’s motor, cognitive and mathematical skills.

Today, we made clocks out of paper plates and worked on identifying the time to the hour. We emphasized the basic time-telling skill of ordinal counting from one to twelve.

You can work on this skill at home by giving your child a watch to wear. Before you begin an activity, make a note of the time. When the activity ends, note the time once again. Your child will begin to grasp the idea of elapsed time and gain an awareness of how much time is spent on a given activity.

Happy time telling!